

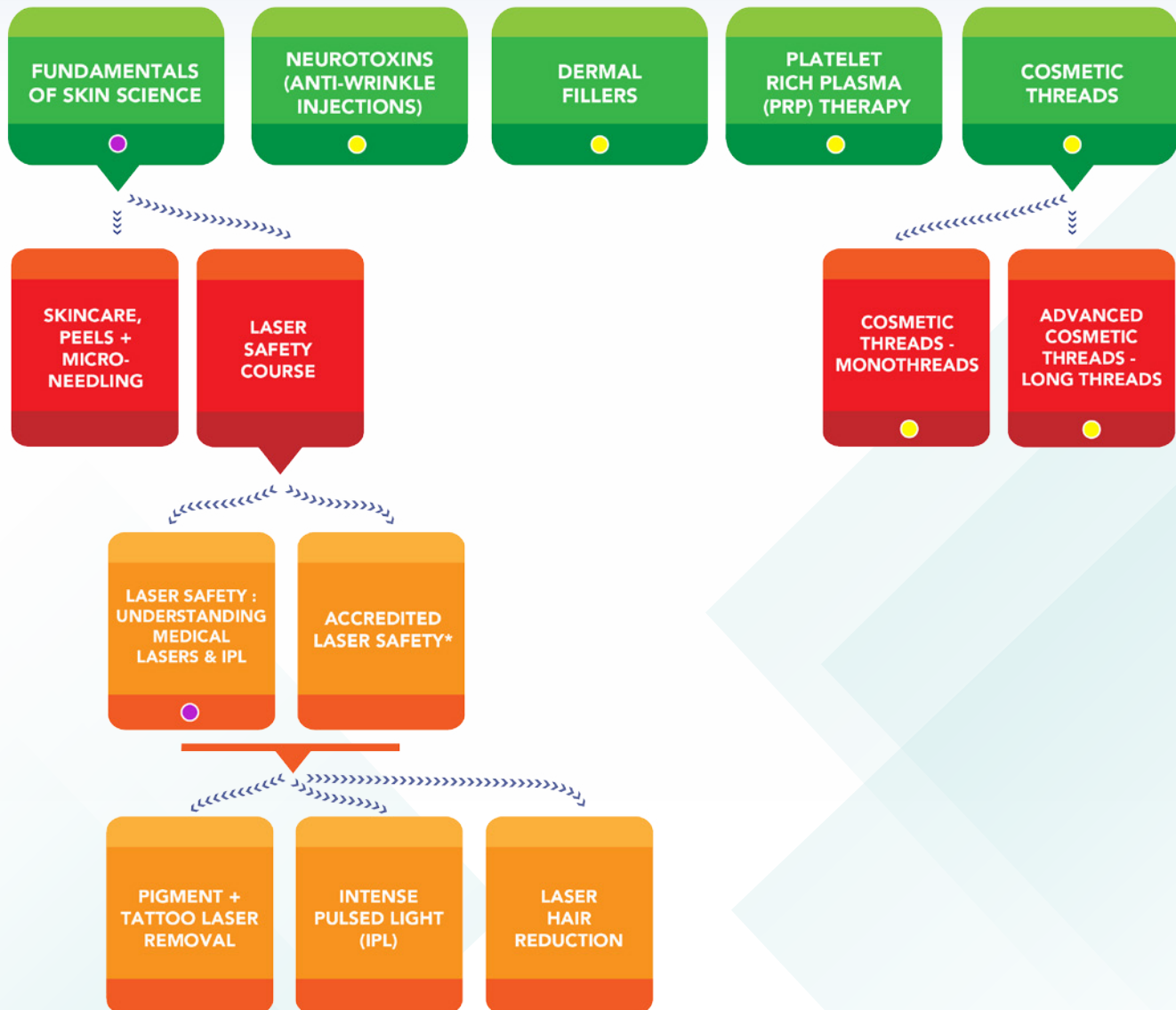


COSMETIC
INSTITUTE OF AUSTRALIA

PROSPECTUS 2019

COURSE ROADMAP

- Needs AHPRA Registration
- Online Course Only



You will be awarded with a certificate upon completion of each course

*Certificate holder can operate medical laser/IPL in QLD, WA, NSW, VIC, NT, ACT & SA.



COURSES

Online

- 04 Fundamentals of Skin Science
- 05 Laser Safety :
Understanding Medical Lasers & IPL

Practical

- 06 Accredited Laser Safety
- 07 Intense Pulsed Light (IPL)
- 08 Laser Hair Reduction
- 09 Pigment and Tattoo Laser Removal
- 10 Skin Care, Peels and Micro-needling
- 11 Neurotoxins (Anti-Wrinkle Injections)
- 12 Dermal Fillers
- 13 Platelet Rich Plasma (PRP) Therapy
- 14 Cosmetic Threads – Monothreads
- 15 Advanced Cosmetic Threads – Long Threads

COSMETIC
INSTITUTE OF AUSTRALIA

ONLINE

FUNDAMENTALS OF SKIN SCIENCE

This online course has been designed for cosmetic practitioners and beauty therapists to learn and review their knowledge of skin science, diagnose simple skin conditions and how to conduct an effective skin consultation, recognising when to refer on.

This module also concentrates on basic cosmetic dermatology, knowing this is crucial so that you can help identify or recommend the appropriate cosmetic treatment for your patient. This course sets the basic foundation in cosmetic medicine, before embarking on learning about cosmetic treatments.

This course is a pre-requisite for the Laser Safety courses and other IPL/Medical laser course as well as the Skin Care, Peels & Micro-needling course.

Course Objectives

By the end of this course, you will have the ability to conduct a skin consultation, identifying such things as:

- Skin anatomy
- Role of the skin
- Facial anatomy
- Skin ageing
- Melanogenesis
- Skin classification
- Pigmentation of skin
- Skin analysis and acne

Suitable for:

- Doctors
- Dentists
- Nurses
- Beauty therapists



ONLINE

LASER SAFETY

Understanding Medical Lasers & IPL

This is a fully online course, allowing you to learn about the principles of laser safety at your own pace. This is especially designed for those who are not able to attend the practical workshop associated with the 'Accredited Laser Safety Course' without comprising on any of the theory component.

This course also covers a brief introduction to Medical Lasers and IPL machines and their associated treatment use. At the end of the course you will be equipped with the knowledge to safeguard yourself and your colleagues at your workplace when it comes to handling IPL/medical lasers and their safety.

This is a pre-requisite course before being able to enrol in our other laser/IPL courses.

Course objectives

- Basic principles of LASER and its interaction with biological matter
- General medical physics and operation of medical lasers
- Understanding the common jargon used in medical lasers and IPL
- Medical applications of laser and IPL
- Brief guide to medical lasers and IPL
- Medical laser vs IPL
- Interaction of laser radiation and IPL with tissue
- Medical laser classification systems
- Exercising LASER safety

Suitable for:

- Doctors
- Dentists
- Nurses
- Beauty therapists

Pre-requisite module:
Fundamentals of Skin Science



PRACTICAL

ACCREDITED

LASER SAFETY

This accredited laser safety course comprises of an online theory and a practical component. The practical component comprises of a one day workshop with an experienced trainer. The aim of this course is to equip you with fundamentals of operating a medical laser or IPL machine safely as well as have a basic understanding of which machine is best suited for which type of patient and/or treatment option(s).

In some states, this course is a requirement before you are able to work with lasers so please check the requirements of your state. Upon completion of this course, you are able to operate medical lasers/IPL in the Australian states of Victoria, New South Wales, Australian Capital Territory, South Australia, Northern Territory, Western Australia and Queensland.

This course is a prerequisite before embarking on other laser/IPL courses.

Course objectives

- Basic principles of LASER and its interaction with biological matter
- General medical physics and operation of medical lasers
- Understanding the common jargon used in medical lasers and IPL
- Medical applications of laser and IPL
- Brief guide to medical lasers and IPL
- Medical laser vs IPL
- Interaction of laser radiation and IPL with tissue
- Medical laser classification systems
- Exercising LASER safety
- Meets general Australian requirement
- Effective safety measures to reduce complications

Suitable for:

- Doctors
- Dentists
- Nurses
- Beauty therapists

Pre-requisite module:
Fundamentals of Skin Science



PRACTICAL

INTENSE PULSED LIGHT (IPL)

IPL technology has been revolutionary in Cosmetic Medicine. Using IPL, the practitioner is able to treat a versatile array of conditions and cosmetic concerns such as hair reduction, skin pigmentation, skin rejuvenation and vascular disorders.

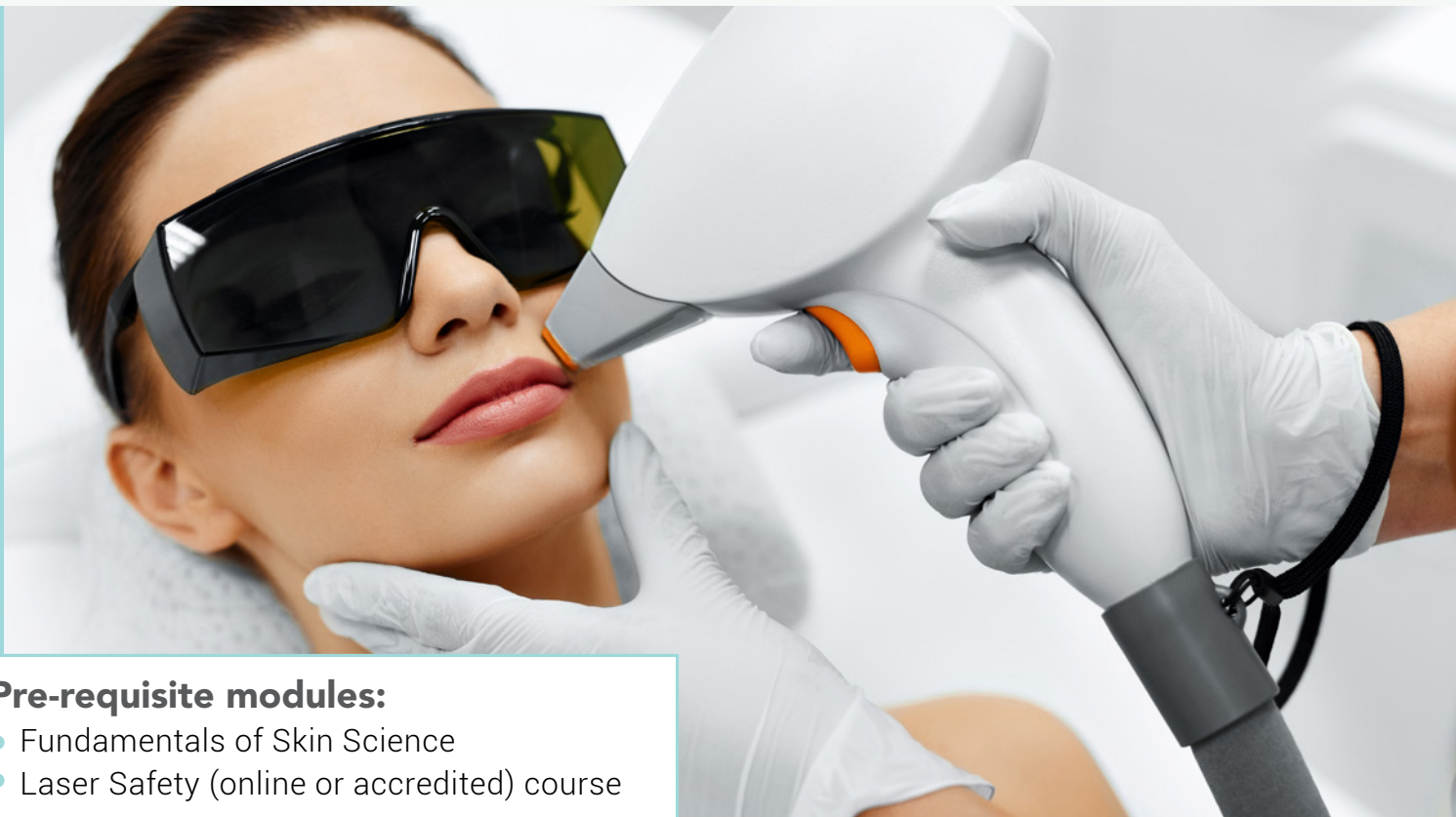
Upon completion of this course, you will become familiar with the strengths and limitations of IPL technology and how to use it effectively. The practical workshop component is designed to equip you with the skill to independently assess and treat your patients effectively.

Course objectives

- Understand the key differences between lasers and IPL
- Identify the different uses of IPL for treatment of cosmetic skin conditions and concerns
- Understand the concept of IPL for hair removal and treatment of pigmentary and vascular disorders
- Safely identify clients suitable for IPL treatments
- Be able to independently use IPL effectively in the treatment of suitable cosmetic conditions or concerns

Suitable for:

- Doctors
- Dentists
- Nurses
- Beauty therapists



Pre-requisite modules:

- Fundamentals of Skin Science
- Laser Safety (online or accredited) course



PRACTICAL

LASER HAIR REDUCTION

This course focuses on one of the most common cosmetic procedures requested in this industry. It covers the different laser types available and frequently used to effectively reduce hair growth, the pros and cons of each type and which type of laser to consider for each different client of yours in order to deliver effective cosmetic results with minimal complications.

At the end of this course you should be able to assess your patient and deliver effective results each time.

Course Objectives

- Understand the concept of laser hair reduction
- Be familiar with different hair reduction lasers available in the market
- Be able to perform a laser hair reduction consultation, including managing patient expectations
- Safely identify clients suitable for treatment, including choosing the right laser device to meet their specific individual needs
- Be able to arrange appropriate follow up treatments and manage complications

Suitable for:

- Doctors
- Dentists
- Nurses
- Beauty therapists

Pre-requisite modules:

- Fundamentals of Skin Science
- Laser Safety (online or accredited) course

PRACTICAL

PIGMENT & TATTOO LASER REMOVAL

The skill of removing pigment and tattoo using medical laser is highly specialised and targeted at advanced cosmetic practitioners.

This course covers common pigmented skin conditions and how to correctly diagnose them and therefore, be confident in choosing the most appropriate medical laser to remove them.

The laser tattoo removal industry is growing rapidly at present with too few practitioners available to attend to the demand. This skill will set you apart from other cosmetic practitioners.

Course objectives

- Understand the concept of laser tattoo removal
- Understand the use of lasers for treatment of pigmentation
- Be familiar with the types of lasers available for treatments of tattoos and pigments
- Be able to perform a tattoo removal consultation
- Be able to perform a laser pigmentation reduction consultation
- Safely identify clients suitable for cosmetic laser treatments

Suitable for:

- Doctors
- Dentists
- Nurses
- Beauty therapists

Pre-requisite modules:

- Fundamentals of Skin Science
- Laser Safety (online or accredited) course



PRACTICAL

SKIN CARE, PEELS AND MICRO- NEEDLING

Skincare is an important part of any cosmetic treatment and every cosmetic practitioner should possess good skin care skills – this course will go through the very basic of simple and effective skin care that you can recommend to your clients and be confident in knowing what products to use. It will also guide you through the home-based skin care and clinic-based skin care and their differences.

It also covers on how to choose and perform the common facial peels generally used in the market as well as the use of micro-needling devices to enhance cosmetic therapy outcomes and how it works. The importance of LED therapy for treatment in certain skin conditions is also taught which is known to give excellent cosmetic results, even when used on its own.

Course objectives

- Skin Anatomy
- Skin Analysis, including consultation
- Skin Care types
- Skin Peels and how to choose and perform them
- Acne treatment
- Micro-needling devices and its use in augmenting cosmetic treatments
- LED light therapy

Suitable for:

- Doctors
- Dentists
- Nurses
- Beauty therapists

Pre-requisite module:
Fundamentals of Skin Science



PRACTICAL

NEUROTOXINS

(Anti-Wrinkle Injections)

This is one of the most highly sought-after skill by doctors, nurses and dentists due to the ease of providing this service, whether in your ongoing clinical sessions or setting up a cosmetic clinic to do so, and seeing excellent cosmetic results almost immediately with great patient satisfaction. Of course, in order to achieve that, one must have good basic knowledge on facial anatomy as well as be aware of most of the major brands of neurotoxins available on the market and how to use them. And most importantly, know how to use it safely and effectively for its indication.

The practical component of this course will get you started on doing anti-wrinkle injections independently in your own practice in the commonly requested areas of the face.

Cosmetic Institute of Australia helps you take that next step into the cosmetic industry by providing you with ongoing mentorship and guidance, upon the completion of our courses.

Course objectives

- Understand skin ageing
- Facial anatomy
- Dynamic vs static wrinkles
- Introduction to neurotoxins
- Types of neurotoxins
- Injecting neurotoxins appropriately, taking into consideration the anatomical variations between individuals
- Managing side effects and complications and how to avoid them

Suitable for:

- Doctors
- Dentists
- Nurses



All course participants in Australia must hold a valid AHPRA registration. If you are thinking of doing our course with one of our overseas partners, please check with local medical registering bodies regarding any credentials that you may need to hold before enrolling in our courses.



PRACTICAL

DERMAL FILLERS

Learn about dermal fillers and how to use them to 'fill' areas of the face which has lost its form or simply to augment the face for an aesthetically pleasing effect.

Over the last decade, there is a huge shift in the way we approach facial rejuvenation. Volume enhancement is greatly being recognised for achieving more youthful appearance. This can be easily done in an office – resulting in quick and easy results with minimal downtime. As a result, there has been a big boom in cosmetic filler market.

Our courses are heavily based on facial anatomy and setting the right foundations before performing the actual procedure. For example, different areas of the face require injections at different planes/depths to achieve effective results. Our courses are also designed to help you progress from basic filler injections to more advanced injections and techniques, all while providing you with continuous mentorship and guidance.

Course objectives

- Relevant facial anatomy
- Skin ageing and facial changes
- How fillers work
- Filler selection
- Patient selection
- Injection techniques
- Know the plane for depositing the filler
- Know how to use needles and cannulas and when
- Dealing with complications and side effects and how to avoid them

Suitable for:

- Doctors
- Dentists
- Nurses

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PRACTICAL

PLATELET-RICH PLASMA THERAPY

Platelet Rich Plasma (PRP) is a relatively new yet effective cutting-edge treatment that uses one's own blood to treat certain skin conditions as well as for hair regrowth. It has been commonly referred to as the 'Vampire Facial' following recent celebrity publicity.

Learn all about PRP, how to prepare it in your rooms with minimal fuss and how to use it effectively in the cosmetic field.

Course objectives

- Understanding PRP & its components
- Principles of Wound Healing
- Indications for PRP use
- Augmentation with PRP
- PRP Procedure, including photo-activation
- Complications and Contraindications of PRP
- Evidence-based use of PRP

Suitable for:

- Doctors
- Dentists
- Nurses

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PRACTICAL

COSMETIC THREADS

Monothreads

This course covers the use of PDO monothreads whilst still familiarising you with the variety of different types of cosmetic threads available in the market that aim to achieve the same outcome. PDO Monothreads are a fantastic tool for facial tightening and rejuvenation. They are effective and give immediate results with minimal downtime, compared to the other treatments available in the market at present.

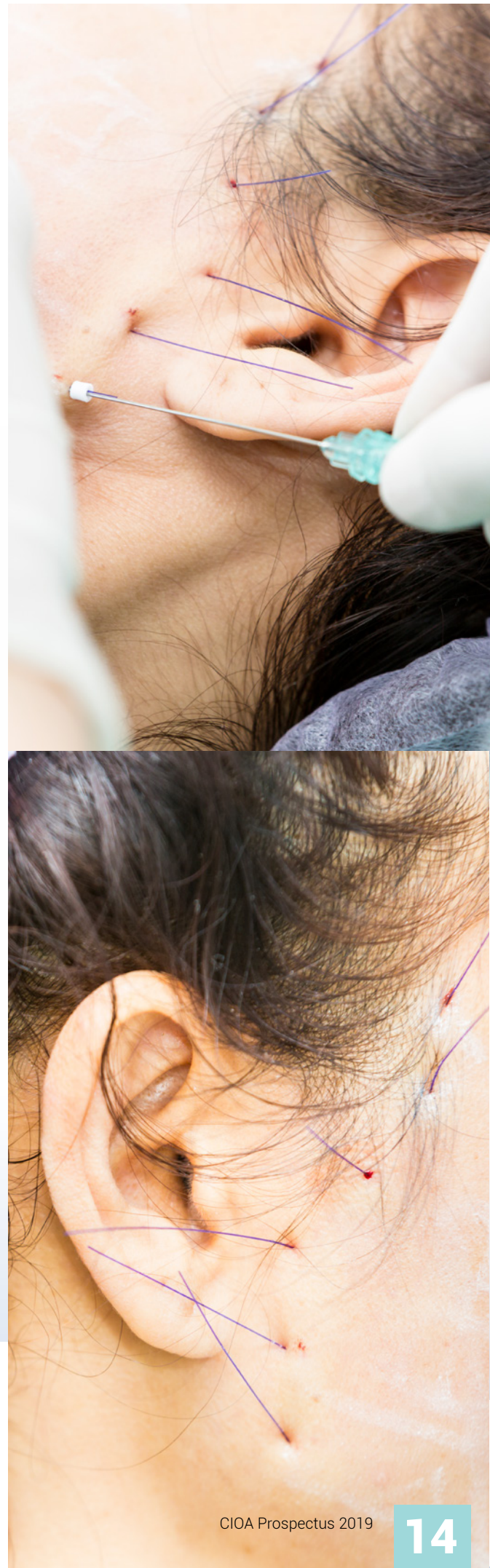
Upon completion of the practical workshop, you will confidently be able to offer this procedure in your rooms immediately.

Course objectives

- Learn about cosmetic threads in general - long threads and monothreads
- Know about the different types of cosmetic threads available on the market
- Understanding the concept of thread lifts and skin tightening
- PDO Monothreads - their indications and outcome
- Learn how to insert monothreads
- Learn how to manage side effects and complications
- After care associated with cosmetic monothreads

Suitable for:

- Doctors
- Dentists



All course participants in Australia must hold a valid AHPRA registration. If you are thinking of doing our course with one of our overseas partners, please check with local medical registering bodies regarding any credentials that you may need to hold before enrolling in our courses.



PRACTICAL

ADVANCED COSMETIC THREADS

Long Threads

This is a highly advanced course that teaches the use of long threads to achieve the classical 'lunchtime face lift'. Sometimes, referred to as the popular 'Threadlift'. Long threads are specially designed to achieve a similar outcome as the conventional surgical facelift but without the long recovery time and with fewer associated complications. This minimally invasive technique involves inserting a thread under the skin to lift and pull the sagging skin to achieve a desirable youthful effect immediately that is long-lasting.

Upon completion of the practical workshop, you will confidently be able to start offering this procedure in your rooms with minimal set-up.

Course objectives

- Understanding the concept of thread lifts and skin tightening
- Learning to design the lift according to patient
- How to perform thread lift at the correct skin depth to achieve patient satisfaction
- Learning about complication and how to avoid and deal with them

Suitable for:

- Doctors
- Dentists

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